



2020

2021

AL - HADAF FOR TRAINING

ANNUAL REPORT



[alhadaf.org](https://www.facebook.com/alhadaf.org)



www.alhadaf.org/



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Who we are?

“In 2008, one video of a child being beaten by the caregiver in an orphanage changed my life forever,” remarked Maran Maayah Abu Jaber, the founder and the president of Alhadaf, “It gave me two choices, blame the system or roll my sleeves up and establish a safe place to help the children and families in Jordan who suffers from injustice”.

In 2014, Alhadaf was born out of the founder’s overwhelming passion for orphans in Jordan and the social and cultural injustices they suffer. Alhadaf helps any child who has lost quality care and experienced neglect, including traditional orphans as well as unsupervised children, street children, and abandoned children. Alhadaf also assists neglected refugees (adults and children) who are considered war orphans.

Therefore, we define orphans as an individual who lost their safe environment due to a traumatic life event. This includes people from all backgrounds and ages without discrimination against religion, skin color, social class, or education.

The late Peter F. Drucker eloquently pronounced that all nonprofits are in the business of changing humans, and Alhadaf aims to achieve that ideal by providing a holding environment. A holding environment is a psychological concept based on the notion that people are most capable and autonomous when they feel secure and attached to trusted individuals, something that our beneficiaries have tragically lost.



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Mission

Metaphorically, Alhadaf Institute is a temporary shelter in which people caught in storms find their way. There, they have the opportunity to collapse in front of a fire while others bring them warm clothes and soup, offer comforting words, and help them reach their destination. We provide an arms-around experience, which reignites the passion for life and will allow for growth and healing with patience.

Culturally, Jordan is known for its beautiful and harsh deserts, and part of its culture is the Bedouin tents that can be found standing tall in the middle of cold and remote places. The tent represents a place of warmth around a fire at night, hospitality and nourishments in the morning, and safety from any external danger. We are this space for our beloved beneficiaries. Alhadaf Institute's core purpose is to be this shelter to all those who have lost their right to be cared for and need someone who can meet their trauma with compassion, empathy, hope, and direction. At Alhadaf, we provide training and education opportunities to our partners, volunteers, interns, and beneficiaries, and we aim to provide the best quality care, engaging people of our community as well as global partners worldwide. Moreover, Alhadaf's long-term vision is to extend its reach through local and regional partners and establish a network of "tents" across all deserts in Jordan and the Middle East by 2025.



Refugees Program

“ Core values Our core values reflect our core purpose and serve as an anchor in everything we do. We value psychological safety and physical security. We respect each other as humans deserving dignity. We extend care to our employees, interns, and volunteers, and treat them and their families as our priority, and we seek to present everything we do with the best quality and spirit of excellence. ”

“With excitement and love, we welcomed this year new family members from our beloved refugees coming from a different district in Iraq who are war asylum fled to Jordan.

Our beneficiaries go through four levels through our programs as they start with art therapy and trauma workshops, once we feel they are ready the women will enroll in the English course level one after that the outstanding students will enroll in the advanced level of English. As we believe in skilling and empowering women in different aspects the women get to choose one of our skills programs makeup courses or sewing course. keeping in mind that these women will need continuous support emotionally and spiritually so we extend our Art Therapy sessions & trauma sessions all year long.

At Alhadaf we didn't forget our beloved angels from ages 3-18 as we provided art therapy sessions for the children to attend while their mothers are attending our programs, this way we provide a safe haven for the mothers to leave their children as they are engaged in learning and transforming into a strong independent happy women who can dream and plan for the Future of their families, moreover we help children overcome the daily challenges and support them through the art therapy session as to change from vulnerable, shy individuals into an outgoing sociable children who can dream and dream big.



Our vision is to live in a society that treats all orphans (children and adults) with respect and dignity without prejudice. We believe that every human deserves to live safely, learn, and grow.

A word from the CEO/ Co-Founder



Trauma Workshops

“You don’t have to struggle in silence “

Alhadaf Institute tailored a specially designed program to serve the Iraqi women refugees who escaped ISIS and fled to Jordan. our well-trained team uses approaches, methods, and techniques to support the women and help them overcome their traumatic experiences due to war and attack of ISIS through understanding how they feel, gaining their trust, opening up and talking about their feeling, and seeing the light at the end of the tunnel. our main goal is to hold the hand of these vulnerable souls and support them emotionally, as a result, to guide them on how to process their feelings and overcome the pain they feel we also help them gain the trust of the community and teach them to build a healthy relationship with their children, spouses and family members also we work on increasing their self-confidence and believing that they are capable of achieving their dreams and hopes.

English course

Knowledge of languages is the door to wisdom “Roger Bacon.

After being ready and moving on from the trauma and art therapy workshops, the ladies are encouraged to enroll in the basic English course to alter their future and learn a language that will help them to communicate, create new opportunities in a new country with new challenges and experiences.

In January we welcomed an amazing group of women who were eager to join our family and excited to learn English. this year was different as many women were educated and talented so we created different levels of English as we tailored worksheets to support different levels alongside our workbooks.

Our dedicated instructor, interns, and volunteer noticed a load of commitment from women through attendance, delivering tasks, and requiring more information. As a result, Alhadaf created an awards system to encourage ladies to accomplish more and feel more self-confident through conversation and reading.

Unfortunately, in mid-March, we had to follow the government’s regulation for a total lockdown due to COVID -19 virus, thus we were disappointed for not being able to meet the women and lovely children. Alhadaf Institute Promptly created a contingency plan to support the English course through WhatsApp videos where the instructor started videotaping the lessons from her comfort zone and sending it through social media groups, in addition, the ladies should respect and commitment while they continued delivering tasks and watching the video from their homes on their basic devices such as phones.

We are happy and proud of our eager team of learners who challenges unexpected situation and continued their learning as we all know “When there is a will there is a way.”

Skills Program Makeup Course:

“Anything is possible with a sparkle and a little Pink”.

Alhadaf institute believes that every skilled woman can achieve and shine in her own way wherever she is in the world since makeup is the common language for women and through it, she can create income-generating opportunities either in new countries where they applied for immigrations or going back to their country to support their families and feel confident about herself.

The makeup course is designed to teach professional makeup skills to apply practical methods and experience through multiple sessions and assessments.

As every year we choose one or two from the graduates of this course to help us through training the ladies, this way we hire the graduate as a trainer to increase her self-confidence, be proactive in the community, practice her skills and provide small pocket money to support her family.

This year we received many seat reservations for this amazing course as women found a safe place to spend their time, talk, socialize, and learn a new skill.

Alhadaf Institute feels thankful and pleased for the success stories and transformation that we witnessed through this program.

Sewing Course

“Of course, I am working. It is a powerful tool with thread.”

Alongside the makeup course, Alhadaf Institute continued with the sewing course created a new level where the ladies join in to learn basic sewing methods, through this course ladies gain skills help them amend their own clothes even design new outfits to draw a smile on the faces of their children and beloved family members. the second levels introduce more advanced skills where different designs are provided and products delivered done by the hands of the precious refugees. as previous years we choose talented women to be hired as trainers through the programs to support them emotionally, increase self-confidence, and provide small pocket money to support their families. these products are sold to the local community where the returned money is used to fund the course and pay pocket money for the trainers.

We are hoping these skills will establish a career for the ladies in the future or simply pass the knowledge to their girls and children maybe we will witness an Iraqi fashion designer shines in the near future as we believe each woman should make the best of where they are today for a brighter future.

Art therapy

“Art is the cure to all this madness, sadness, and loss of belonging in the world & through it we will walk ourselves home.”

Every mother seeks a safe place for her children to incorporate while she is engaged in learning a skill, Alhadaf Institute created this safe warm family-oriented place for the Iraqi children to spent time while their mothers are attending our programs and engaging them in an artistic method to support them through their PTS and enhance the mental and emotional health.

Through the art therapy session, our well-trained team uses creative techniques such as drawing, painting, and coloring, and molding to help children express their feelings, overcome their fears, and to enrich their lives and souls with dreams and hopes.

As an addition to our previously tailored program according to the needs of refugees' children and orphans, we added a youth sensory program where we introduced a sports program and self-defense.

It's well known the sports enhance self-confidence and mobile skills, moreover, the sensory youth program engages motor skills with body and mind. As a result, we focused on a healthy body and mind to support the emotional needs and delay due to the trauma experienced in the past due to war, abuse, and experiencing death to a close family member.

The most precious gift we can offer these children is our attention, when mindfulness embraces those we care for, they will bloom like flowers and yes, we definitely enjoy watching these children bloom and shine throughout the program as they opened up and learned new skills.

Schools Program

Amman Academy has been a huge partner to Alhadaf Institute for years where AA students participate in many events and initiatives to help the precious families of Iraqi Refugees who escaped ISIS.

This year Students were unique and creative as they delivered the goal of the program at high-end standards and showed respect, commitment, and love towards participants through engaging children in art activities, sports, and dancing while children enjoyed their time in safe place mothers enjoyed their morning coffee and chit chats and laughs as a way to relive the mornings in their own country.

Online Courses

2020 has been a challenging year as the COVID-19 hit the world and regulations started to rise. Jordan is one of the countries that took early measures and announced a total lockdown and Alhadaf team started working from the comfort zones of their homes. COVID-19 hit the world and regulations started to rise. Jordan is one of the countries that took early measures and announced a total lockdown and Alhadaf team started working from the comfort zones of their homes.



COVID -19 Contingency Plan

Online Courses

English and makeup courses continued through the spring-summer season via WhatsApp groups, as our duties and commitments towards our beneficiaries we are always eager to deliver the best quality. From there we decided to upgrade our work and launch our in-house production studio. Hard work started and we finalized the setting of our ONLINE PRODUCTION VIDEOS through the in-house professional studio. Through our new studio and the professional production of each video course, we will increase the courses' quality, allowing our precious families, the opportunity to have a richer learning experience. This will also allow us to reach more unreached families in our region. the courses will include the following:

- English course Level 1 & level 2
- Sexual abuse awareness (in Arabic) for caregivers in the orphanages, for the foster mothers in Jordan, for parents, mostly refugees who live with other families in the same house, and school teachers.
- Attachment disorder for foster mothers, orphans.
- Art Therapy/ Trauma workshops for refugees.
- Soft management skills for the Institutes and management teams, such as orphanages /other local Nonprofits and parachurch organizations.
- Life skills for orphans.



Jordan is one of the countries which considered Covid-19 as a high-risk virus and announced high measures of precautions since March 15, 2020, to guarantee the safety of Jordanians and residents of Jordan, where the government announced a clear policy statement with many safety measures starting with social distancing, schools closure, lockdown, operating a business from home, closure of provinces and closure of borders as to minimize the spread of the virus as a result to control the total number of patients.

Alhadaf Institute is considered a high-risk environment for the spread of this virus as we have welcomed many families who arrived from Baghdad lately as well as for the lack of level of hygiene within our beloved beneficiaries due to PTS and lack of soap and money, as our role and national duty to our country we followed the regulations, Moreover Al-Hadaf team started operating and working from their comfort zone and homes.

Alhadaf team designed a contingency plan to provide support for our beloved families through this pandemic in different aspects and phases, since we are aware of the needs and care these vulnerable women, children and families need starting with their emotional health, physical health, and wellbeing and as a result, we came out with "YOU ARE A QUEEN CAMPAIGN".

Through the lockdown, we received a phone call from an Iraqi refugee who has been located in Jordan for 4 years who escaped ISIS and her family since she has faced many attempts to murder her as she came from an Islamic background where she saw the light in the Christianity and biblical values as she started praying for Jesus to help her.

Susan called Al-Hadaf CEO asking her for food as quoted from her own words " I'm Dying from hunger ", thankfully we have supporters to our mission located in different areas in Jordan and has permission to move between provinces who delivered food package to help through this tough time for two weeks following all safety measures advised by our ministry of health. Susan showed gratitude, joy, and happiness when she saw our beloved Doctor knocking on her door as quoted from her own words " I feel like a Queen".

Food packages were distributed to our beloved families registered in our database as our well-organized team operated this campaign from home, as a result, we delivered food packages that contained basic items along with milk and diapers for families who has babies and children average of 726 individuals had food for a month and we still in the process of collecting more donations and hoping to distribute more packages as well as for hygiene packages.

Awareness Sessions

Alhadaf Institute is aware of its duty and role towards the Jordanian community, Iraqi refugees, and Jordanian orphans therefore we launched an awareness campaign through our social media accounts where we provided knowledge on how the virus can spread and precautions to take through flyers and posts designed in Arabic with a friendly and easy layout, As mentioned above we understand our national duty and tried to be a role model to our beneficiaries and encouraged them to stay home and to keep social distancing through a phone call, WhatsApp group, and social media.

As our role and responsibility towards our refugees and beneficiaries we designed a plan to provide some skills and tools to the mothers and children to help them cope with this critical time since we are aware schools are closed, children are staying home, mothers might be facing some emotional disorder and men are locked down in homes where multiple families are living together with no privacy and minimum support

Alhadaf team started engaging them in our online classes where all family members will benefit and gain skills to overcome the pandemic and benefit for the future. Online classes were posted through our WhatsApp and Facebook accounts which were reachable and accessible for all beneficiaries at any time as to work from their comfort zone.

Thank you, Parenting for Lifelong Health, (the parenting program recommended in the WWO Roadmap

Church Sponsorship Program

"Wherever there is a human being, there is an opportunity for a kindness."

-Lucius Annaeus Seneca

We are delighted for the continuous support from our partner "the Canadian churches" to support and help a refugee family to settle in Canada. On top of all the tough and harsh circumstances 2020 has been very exciting to a dear family to our hearts where their papers were processed and accepted as a first step.

We wish all the best for the Iraqi family to join the Canadian community soon.



Orphans Program

Orphans and the other vulnerable children and adolescents living in institutional homes or orphanages are more prone to behavioral and emotional problems than others as they are deprived of a family's love and care. Hence, we have conducted a survey regarding the needs of the orphans and caregivers as a result created a tailored program to meet their needs and provide emotional support and life skills training for the young girls to help them overcome obstacles they face through their daily routine. moreover, we are preparing them for life after the orphanage as our life skills training and sexual abuse training prepare them for real-life experiences.

This year Alhadaf Institute partnered with a new Jordanian orphanage as we provided our support for the caregivers and orphans through art therapy sessions and winter camp.

"I am looking forward to my visit to Alhadaf Institute daily this week and I wish it will never end, as I see the smiles and warmth in the face of employees and volunteers," said one of the orphans, who attended the winter camp.

Alhadaf well-trained team tailored a schedule full of entertainment, sparkles, and emotional support while enhancing life skills through trauma sessions and art therapy.

On the other hand, Alhadaf president and founder Ms. Maran Maayah provided support and attachment disorder sessions for Arab foster mothers to help them and the adopted children feel welcomed in the families.



CCOs

Alhadaf Institute has many elderly women volunteers from the local churches who are well trained, educated, and devoted passionately to help the precious beneficiaries through emotional support, visits, and phone calls.

The CCOs follow up on the women and families enrolled in our database to make sure their needs are met respectfully and in dignified arraignments at their own pace and of course following the safety measures and social distancing.



Training

GLOBAL LEADERSHIP SUMMIT 2020

Alhadaf Institute search continuously for training to enhance the skills of the employees, volunteers, and interns who join Alhadaf Institute,

This year the GLS Summit virtual meeting was exciting and beneficial to the attendees as it highlighted leadership skills such as active listening, creativity, flexibility, positivity, and communication skills where discussions and sessions were led by Dr. Emil Abu Jaber as he shared his experience in organizational management and leadership.



"Sensory Integration and Emotional Regulation" for Children with Psychological Trauma Training

Alhadaf Institute had the honor of having Dr. Lynn and Dr. Ruby Johnston who provided advanced certified training by LAMB International & Global Capacity Building Network titled "Sensory Integration and Emotional Regulation" for Children with Psychological Trauma. / Training Trauma-Informed Care, / Training Sensory Integration Strategies and Emotional Regulation Strategies.

Alhadaf Institute enrolled volunteers and individuals who are working with Orphans and Vulnerable Children, as an attendee was certified LAMB INTERNATIONAL & GLOBAL CAPACITY BUILDING NETWORK.

The training consisted of three modules that enhanced sensory integrations and emotional regulations moreover the participants practiced Sensory Integration skills by creating art therapy crafts to ensure that any child has the right to express their emotions freely and safely.



Internship Program

As every year we encourage students to take part through our journey and community service as a volunteer/ intern at Alhadaf Institute, our continuous partnership with CET academic program provides a unique experience for students from multiple international universities to live the experience and interact with refugees and orphans through taking part of our programs, from here we include the interns and volunteers through the training to gain skills and tools enabling them to be engaged more efficiently with beneficiaries, eventually, we build a never-ending relationship and we welcome our volunteers and interns to come back at any time of the year.

Alhadaf Institute is always looking for high-end, committed and responsible volunteers who appreciate and take into consideration the harsh incidents towards our beloved refugees and orphans thus we provide a certificate upon completion of volunteering time as an appreciation for caring and loving community service.

Community Partners

Alhadaf Institute is always blessed for having partners and supporters to stand by us and offer services, basic needs from food, heaters, blankets, milk, diapers, and furniture. we have to say that we were overwhelmed with the generous help that we have received through 2020 especially during the Covid-19 pandemic as we received donations and delivery services from companies, churches, and local individuals.

"Spread the Joy Campaign"

Our community is aware of the high needs for blankets and jackets through the cold winter season especially in homes where the floors are naked and missing carpets, heaters are rare and the weather is freezing.

Depending on these facts, Alhadaf institute with cooperation with a kind-hearted partner was able to spread joy and love by distributing blankets and jackets for the Iraqi families who escaped ISIS alongside some food items and hygiene supplies.

“You are a Queen Campaign”

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She was the inspiration to start the "You are a Queen Campaign"

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Grohe Middle East

Alhadaf institute started a new partnership with Grohe middle east where they showed interest in helping out and partnering with us through providing needs for Jordanian families in need. In the act of continuing the “You are a Queen Campaign” successfully, Alhadaf Institute alongside GROHE distributed food packages, milk, and diaper and hygiene kits enough for weeks to support the innocent bodies of the precious families. load of commitment from women through attendance, delivering tasks, and requiring more information. As a result, Alhadaf created an awards system to encourage ladies to accomplish more and feel more self-confident through conversation and reading.



Back to School Campaign

Al Nisr Al Arabi Insurance & Nadi Shabab Al Fuheis

Our continuous partnership with Al Nisr Al Arabi Insurance blooms every year with more love and care even in difficult situations such as lockdown and pandemics. Since most of the daily paid Jordanian community were affected financially as a result parents were in a tough call to provide food for the family and basic needs or buy school bags and stationary for their kids especially they are living in the unknown for the future. Alhadaf and Al Nisr Al Arabi Insurance drew a smile on the children’s faces as Al Nisr Al Arabi insisted on distributing backpacks and school stationery to our beloved children from the Jordanian community while following the safety regulations set by the governments and kept social distancing.

Alhadaf institute established a new partnership with Nadi Shabab Al Fuheis as they offered the premises to distribute the items and allowed the scout members helped in arranging arrivals and lining up for the children. This year Alhadaf Institute added a small bag of goodies to make it extra special for the young children while celebrating the new bags and school stationery.

A Helping Hand Campaign

With the support of our partners from USA New Life Church, we were able to warm the bodies and souls of Alhadaf families through “A Helping Hand Campaign”.

Alhadaf Institute with our partners delivered heaters, blankets, and Christmas gifts to children & families to make their Christmas extra special.

We reached Madaba, Mahes, Fuheis, Hashmi, Ashrafieh & Amman.



Christmas Campaign

The Jordanian community is well known for its instinct and love for helping and giving as it has been for ages a helping hand for the neighboring countries and refugees. this year many families delivered Christmas trees, decorations, and gifts for parents to help them see their children happy.

Alhadaf Institute is proud and blessed to have such partners and community supporters available all year long.



In the News

Hala fm

Mrs. Maran Mayah was hosted on Hala fm to talk about Alhadaf Institute, mission, vision, and core values where she highlighted the effect of our work on the targeted audience from refugees, orphans, and Jordanian in needs



Saying Goodbye

At the beginning of 2020, we said goodbye to many families from the Iraqi refugees who joined our programs for years during that time We shared a lot of laughs, tears, stories, and dreams together. All we have to stay we are happy for you and wish you all the best.



Words of Gratitude

Similarly, to the whole world, Jordan has been facing a pandemic through the year 2020 and cases have been up and down, mothers faced a lot of stress and families shuffled from one financial position to another. Alhadaf institute was standing by the precious families from refugees, families, caregivers, and Jordanians in need through emotional support, campaigns, and one-to-one session.

Alhadaf team from employees, volunteers, and CCOs received many letters of appreciation and gratitude, words of love and passion, prayers to keep us and our families safe through the pandemic.



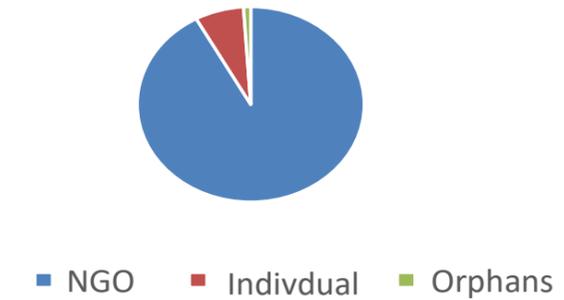
Number of beneficiaries (2020 - 2021)

Number of beneficiaries

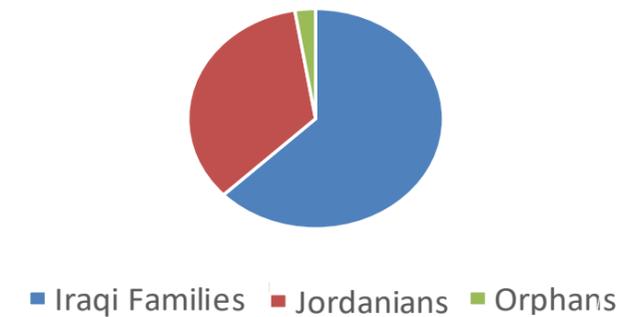
Program	Number of beneficiaries	Number of times	Total
Training			
Refugees Program			
Makeup Course	32	4	40
Sewing Course	16	4	64
Production for Sewing Course	4	3	32
Trauma Therapy Program	100	3	300
Art Therapy for children	120	3	360
Teenagers Program	30	4	120
English Course	150	3	450
Conversation Club	20	3	60
Orphans program			
Caregivers training (follow up)	40	3	120
Life skills for the orphans	40	3	120
Foster mothers and children Training	80	1	80
Training for local centers	60	10	600
School Programs	50	3	150
Medical Campaigns	1600-2000	1	900
Church Sponsorship Program	6Families		6 Families average of 30
Raising awareness for moms/caregivers	100	4	400
Summer camp for Children	30	2	60
PLC / Al-Hadaf boutique	2000	All year long	2000
Total			5,886

Charts (2020-2021)

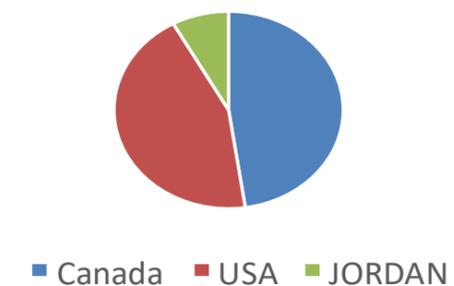
Donor Type



Beneficiaries



Donation by loction



2021

Winter campaign

Alhadaf Institute was blessed to be helping out people in need during winter time , donations such as food packages , blankets, electricity heaters were distributed along with christmas gifts to our beloved families at Alhadaf.



Foster Moms meeting

We continued our monthly meetings with our beloved and precious mothers and children at the end of each month where we emphasized the importance of giving out training courses in more than one area such as , sexual abuse awareness for the family , life skills for the foster mothers in order to create a better relationship between herself and the child , healthy attachments and more.

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