

JANUARY, FEBRUARY, MARCH 2024

ALHADAF.ORG



January, February, March,
2024 Newsletter



Projects and programs

- a) Refugees' program
- b) Orphans' project

THANK YOU FOR YOUR CONTINUOUS SUPPORT

As we enter the new year, from all of us at Alhadaf Institute family, we want to express our deepest gratitude for your unwavering affection and encouragement. These recent months have been incredibly significant, filled with meaningful interactions and engagements. We are overjoyed to have the opportunity to share our journey and the enriching experiences we've had in our programs with you.



Thank you for being a huge part of
changing people's lives

01/08



Meet Amal!

When Amal first arrived at Alhadaf as an Iraqi refugee, she was reserved and hesitant to interact. However, through art therapy sessions and the team's nurturing approach, she blossomed into a vibrant, open individual. Now, Amal excitedly waits her days at Alhadaf, showing energy and enthusiasm. Her name, meaning "hope" in Arabic, symbolizes the transformative power of hope itself. Amal's journey reminds us that positive change is possible, offering a beacon of hope for a brighter future and the potential to transform lives.

Refugees' program

1. Sessions aiming for refugee empowerment.
 2. Alhadaf conducted a Love Campaign; providing refugees with warm clothing.
 3. Collaboration with SERV for food distribution.
 4. Free English courses for refugees twice a week.
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- At the heart of our mission lies a commitment to empower refugees through tailored support initiatives. Through spoken therapy and art therapy sessions designed for both children and adults, we provide a safe and nurturing environment for healing and self-expression.



1. Refugee Empowerment

These sessions serve as invaluable platforms for refugees to share their experiences, process trauma, and rebuild resilience. By combining the therapeutic power of spoken word and artistic expression, we strive to foster emotional well-being and personal growth, empowering refugees to navigate their journey towards a brighter future with strength and dignity.

02/08



2. Love Campaign

In our commitment to fostering positive change, the Love Campaign stood out, highlighting the transformative power of small acts of kindness. By providing warm winter clothes to refugee mothers and children, we extended more than just protection from the cold; we offered a beacon of compassion and collective goodwill. This initiative serves as a powerful reminder that even the smallest gestures can make a profound impact on those we seek to support and uplift.

3. Food Distribution with SERV

- Our efforts extend beyond the boundaries of the classroom, reaching into the very fabric of our community. In collaboration with SERV, we ensure that no one in our refugee community worries about their next meal. Our partnership with SERV goes beyond the immediate need for sustenance; it's a collaborative commitment to addressing the well-being of our community. Together, we stand as a testament to the strength found in unity.



4. English Courses

- We're pleased to announce that our English classes have continued this year, providing valuable learning opportunities for our students. Led by our dedicated intern, Justin, our free courses have become a cornerstone of progress for our students. Not only have we witnessed significant improvement in their language skills, but we're also thrilled to report a notable increase in attendance. From beginners to advanced learners, our students are making strides in their language proficiency, demonstrating their dedication to learning and their eagerness to build brighter futures.

03/08



Moreover, these classes offer more than just better vocabulary, grammar, and conversational skills; they provide invaluable tools that can benefit them in seeking careers and opportunities for personal and professional growth. We're immensely proud to see the positive impact our classes are having on the lives of refugees in our community.



Orphans' Project

1. Partnership with Noiva for Al Hanan Orphanage: Alhadaf Institute is proud to announce our collaborative efforts with Noiva in providing essential trainings and support for Al Hanan Orphanage. We are dedicated to enhancing the well-being and development of the children under our care.

2. Preparational Visits to Al Hashimi and Shafa Badran Homes: Our recent visits to Al Hashimi and Shafa Badran homes were part of our preparatory efforts for upcoming engagements. These visits served as crucial steps in planning comprehensive training sessions for caregivers. These sessions aim to equip them with the necessary skills and knowledge to provide optimal care and support for the orphans in their care.



3. Task Force Meeting: As part of our ongoing initiatives, Alhadaf Institute hosts regular Task Force meetings. These meetings bring together a diverse group of specialists committed to implementing the Trust-Based Relational Intervention (TBRI), A Systemic Approach to Complex Developmental Trauma. Through collaborative discussions and strategic planning, the Task Force explores and implements the most effective strategies to achieve our collective goal of supporting individuals impacted by complex developmental trauma.

In the heart of Alhadaf, where love knows no limits, our Orphans' Program serves as a testament to our steadfast commitment we have poured and will continue to pour into the orphan homes. This initiative goes beyond mere care; it embodies a mission to nurture deep guardianship, foster an atmosphere of inner and outer peace, forgiveness, and cultivate healthy relationships among our caregivers.



Alhanan Orphanage

Forgiveness and Healthy Relationships: Cornerstones of Care

Our training program is centered on two fundamental pillars: the transformative power of forgiveness and the art of cultivating healthy relationships.

Recognizing the challenges inherent in caregiving, we emphasize the pivotal role of forgiveness in fostering a positive and nurturing atmosphere. Through interactive sessions, caregivers explore the healing potential of forgiveness, equipping them with the tools to navigate their roles with compassion and understanding.

A Nurturing Training Environment

Our training sessions go beyond imparting knowledge; they create a nurturing environment within our office space. Caregivers attending these sessions find comfort in expressing their emotions and challenges openly, fostering trust and fellowship. This safe atmosphere has been met with deep appreciation, with caregivers highlighting the positive impact on their personal well-being. They not only carry these learnings into their professional roles at the orphanage but also implement the skills in their personal lives. The emotionally supportive setting extends beyond the training room, creating a lasting impact that resonates in the lives of both caregivers and the children they serve.



Forgiveness and Healthy Relationships: Cornerstones of Care

- At the same time, our curriculum extensively explores the complex dynamics involved in fostering and nurturing healthy relationships. We understand that a thriving community hinges on strong interpersonal connections. Our workshops and discussions focus on effective communication, empathy, and the building of bonds that not only benefit caregivers but also contribute significantly to the emotional well-being of the children. We firmly believe that fostering a sense of family within Al Hanan is not just a goal but an essential aspect of the holistic development of everyone involved.

05/08



They also discuss any trauma they may face, and explore the dynamics of their work environment. It's a holistic effort to ensure that Al Hashimy becomes not just a residence but a place where love and understanding thrive, supporting the flourishing of each individual under our care.

AlHashimy and Shafa Badran homes

Al Hashimy

Nestled within the embrace of our Orphans Program, the dedication extends to Al Hashimy home. Our mission is to create an environment that fosters growth and resilience. Instead of formal training sessions, our approach involves regular visits to Al Hashimy to check on the well-being of both caregivers and the remarkable children who call it home. These visits provide a unique space for open discussions, offering caregivers an opportunity to share their experiences.

Task force

At the task force meeting held at Alhadaf's office, we had the pleasure of collaborating with our esteemed partners to discuss the progress and future initiatives of our Orphans and Life Skills Project. With the invaluable support of our partners, including Noiva, we engaged in fruitful discussions aimed at enhancing the effectiveness and impact of these programs. Together, we explored innovative strategies to further empower caregivers and children through the Orphans Project, focusing on instilling essential life skills and fostering holistic development.

Additionally, our discussions delved into the Life Skills Project, where we brainstormed ways to equip beneficiaries with the necessary tools and knowledge to navigate various challenges and thrive in their communities. Throughout the meeting, we discussed each of our goals in the projects and what we hoped to achieve. Through collaborative efforts and shared dedication, we're committed to making a lasting difference in the lives of those we serve.

And we are glad to let it be known that our work on both projects has been great and going as planned.



Shafa Badran

The commitment of our Orphans Program flourishes further within the walls of Shafa Badran home. We embark on a journey to cultivate an environment where love and care permeate every corner. Instead of traditional training, our approach involves purposeful visits to Shafa Badran to monitor the well-being of caregivers and the beautiful children residing there. These visits go beyond the surface, providing a space for heartfelt discussions on trauma, work environment challenges, and the intricacies of living in the orphanages. Here, our mission is not just to ensure survival but to inspire a sense of belonging and the potential for a bright future, woven together with the threads of compassion and hope.

06/08



Maran Ma'ay'ah AbuJaber

Founder and leader of
Alhadaf Institute

Word of Founder

My fellow Alhadaf supporters,

Thank you for your unwavering support and generosity. Your contributions are the lifeblood of our mission, enabling us to provide vital assistance to the refugees and orphans. Your kindness and dedication inspires me and Alhadaf's team to work harder and reach further, ensuring that every individual we serve receives the care and support they deserve. Together, we are making a tangible difference in the world, and I am profoundly grateful for each and every one of you. Together, we can continue to create positive change and make a lasting impact on the lives of vulnerable communities.

Thank you once again for your generosity and compassion.

-Maran Ma'ay'ah AbuJaber

Volunteer

Volunteers are always welcome at Alhadaf!

if you're interested or want to get more information please visit www.alhadaf.org

Help a Family Member at Alhadaf Institute

You can sponsor a family with an amount of 15 JOD = 22 USD

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