

SUMMER NEWSLETTER 2018

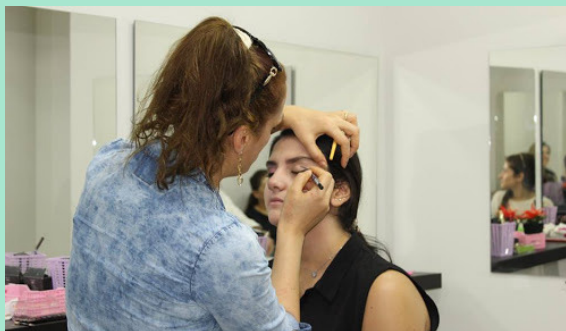
AL HADAF



This summer was filled with fun and beneficial activities for our Iraqi refugee women and children, from sewing and makeup courses for the ladies, to art therapy and Summer Camp for the kids! We know everyone came out of the summer with a smile and new skills to be better equipped for their futures.

Our team at Al Hadaaf would like to give a special thanks to our supporters! Many great things were accomplished this summer to improve the lives of refugees and orphans that would not have been possible without your generous support.





Professional Makeup Skills

Al Hadaf offers a professional makeup skills course for Iraqi refugee women. We are excited to announce that a group of hardworking women completed our advanced course this August, receiving certificates which allow them to use their new skills to earn an income for their families, as well as regain confidence as they look their best.

Sewing Course

Al Hadaf's sewing course equips Iraqi women with a new and practical skill. This summer our women advanced to the second level, and their talents are showing in their impressive designs!

"I mastered the sewing course and now I get paid by Al Hadaf to teach the other Iraqi refugee women the skills I have learned."

-Madeline

The training provided through this course allows the women to gain independence and contribute to the sustainability of Al Hadaf as they become teachers to their peers.



English Classes

Our Basic English course provides Iraqi women seeking asylum the opportunity to be able to communicate in their new communities while gaining a sense of accomplishment and self-development after the trauma they've experienced. This summer these brilliant women have completed the first level and are eager to continue learning in level two, where their education will be tailored to them as individuals. Learning English will open many doors for these ladies and offer them a brighter future!



ALHADAF
We Inspire الهدف



Alhadaf Summer Camp



Long lasting friendships were made when we introduced the campers to our Iraqi children and they added their handprints to our family tree!

The summer camp was able to offer three weeks of camp this year, and each was an amazing experience for all our children and staff. The kids were busy with arts and crafts in which they became superheroes and learned about the environment, playing instruments during music therapy, staying active with exciting workout challenges, and so much more. We addressed important topics, such as individuality and managing emotions, through fun and engaging activities to ensure that the children were also learning while having an incredible summer.

Children's Program

The children's program was in full swing this summer! Our children continued to grow through art therapy, self-empowerment training, and other activities focused on helping them learn vital life lessons surrounding confidence, self-worth, and the environment.

Many of the Iraqi children are unable to register for school in Jordan. This program incorporates learning subjects, such as English, to act as a replacement for the work they would be doing in school. Here at Al Hadaf we believe all children have the right to an education regardless of their life circumstances.



Spotlight Family

This summer we said a bittersweet goodbye to a beloved Iraqi family as they picked up and moved to Australia to start a new life. We are confident that after participating in our trauma and art therapy, life skills training, English classes, and makeup and sewing courses, this family is well prepared for their new chapter in life. We wish them all the best on their journey!



One of the art therapy activities asked the children to draw what they dream of to encourage them to maintain hope for the future. One of our boys, Fady, dreams of one day living in a house with a garden.



Another activity focused on learning to deal with negative emotions by asking the girls to think of a place where they feel safe. During times of sadness, anger, and anxiety they can remember this place as a healthy way to deal with the challenges they're facing.



Essential Life Lessons

An important skill we focused on over the summer was understanding the concept of good touch vs. bad touch. Discussing this with the children teaches them to recognize when they are in an unsafe situation, and when equipped with this knowledge they are more likely to speak up. We witnessed this in action when one of our girls identified that she was unsafe in her specific foster program and because of her bravery we were able to move her to a secure and loving environment.

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