



Alhadaf Institute

# Spring Newsletter 2023

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Alhadaf Institute

## THANK YOU

Our Alhadaf team would like to extend a big thank you to all our partners and our donors. It is through your help and support that we are able to do what we do and help the people we help. A lot has been happening at Alhadaf and we are so excited to share it with you. So thank you, and welcome to the Spring 2023 Alhadaf Institute Newsletter.



## GRADUATING THE BEGINNER'S ENGLISH CLASS

We had the privilege of graduating from the Beginner's English Class. We gave them a short review lesson and then presented them with Certificates of Completion. We are so proud of how far these ladies have come and are excited to continue to work with them in the future.

## GRADUATING THE INTERMEDIATE ENGLISH CLASS

We also graduated the Intermediate English Class. We are so proud of these ladies and all the work they are doing. We have started and will continue to do Intermediate English Classes once a week with our beautiful ladies.

## A NEW SEMESTER OF ENGLISH

We also began the first semester of the Spring, 2023 Beginner's English Class with new group of ladies. We have a lot of new faces and are slowly all getting to know and learn about each other. We prepare the course topics at the start of each month, and then print out worksheets and activities for our beneficiaries during the week of the class.



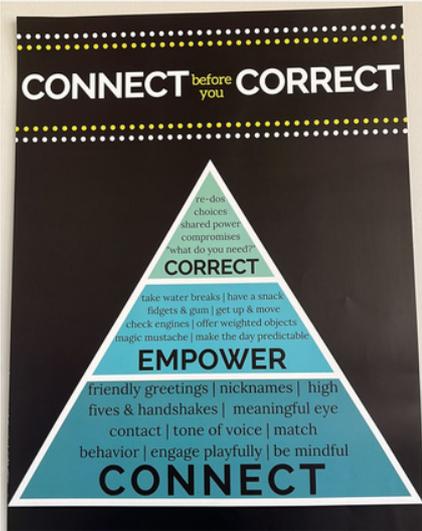
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### ADAPTING TO TBRI

We had Four ladies from Alhadaf team traveled to Jacksonville, Florida to participate in Trust Based Relational Intervention (TBRI) training, and we have been adapting our space to match the ideas and models for our beneficiaries. Specifically we have incorporated some informative posters in our art therapy room that are designed to help parents and children alike interact in a beneficial way. We are also incorporating games and activities that helps kids express their emotions and differentiate between them. When kids understand their emotions and why they feel the way the do, they can learn to express them in a healthy manner.

### TBRI TRAINING IN JACKSONVILLE, FLORIDA

Our time in Florida with the Karin Purvis Institute of Child Development was amazing. The training was an incredible opportunity to deepen our understanding of Trauma-Based Care and how to support and impact children and families who have experienced trauma. What was especially impressive is that TBRI is applicable to all relationships between adults and children in any place and any situation. We are so grateful for the chance to learn from the experts in the field, and are excited to continue to implement all of the new tools and techniques we learned. It's amazing to see how our team is growing and improving, and we are thrilled to be able to offer even better support to the children and families we work with. Let's bring on the next chapter of our journey in helping children and families to heal!

### TBRI APPLICATION AT ALHADAF

The members of our team that are certified TBRI Practitioners have been working with the remainder of our team to adjust how we teach and respond to our children during art therapy and group activities in order to better mimic TBRI. We hope to continue to work with our volunteers and interns to ensure we are modeling the ways of TBRI as an Institute.





## PROGRAM ON TERRORISM, AND SECURITY STUDIES (PTSS)

Last week the Program on Terrorism and Security Studies (PTSS) in partnership with the U.S. Embassy - Jordan and the United States Security Cooperation Office in Jerusalem held the first Marshall Center Outreach in Amman, Jordan. From March 6th to 9th the PTSS Team hosted 72 participants, including our founder Maran Maayah, from various countries. The countries represented include Australia, Canada, Israel, Jordan, Lebanon, the Palestinian Authority, the U.S., the United Kingdom, EUPOL COPPS Save the Children, and the United Nations Development Programme - UNDP.

## ALTAJ ABUSE PROTECTION TRAINING

In developing the orphanage system in Jordan in partnership with the ministry of social development, Altaj Institute and Alhadaf Institute completed a training session on child protection at Al Husein orphanage. We discussed the importance of ensuring the safety and protection for every child.



## FOSTER FAMILY GATHERING

We had a gathering alongside with our foster families. We talked to the ladies, got to know them, and listened to them. We genuinely value our beneficiaries and are excited for more opportunities to get to know each of them better. We were so involved we forgot to take pictures to share with you the beautiful faces.





## ORPHANAGE EVALUATION TASK FORCE

Throughout the Spring our taskforce will be meeting in conjunction with the orphanage visits Alhadaf has been conducting. We have been planning more visits to orphanages like Al Husein, as well as assessing how visits have gone and what we can do better or change. We are excited for upcoming trainings and meetings.



## AL HUSEIN ORPHANAGE VISIT

Al Husein Orphanage is one of the main orphanages here in Jordan. They have a lot of children and babies that all deserve the best care they can get. Here at Alhadaf we couldn't be more proud of the amazing ladies at the Al Husein Orphanage! We have been in collaboration with Al Husein to train the caregivers there, and enable them to do the best they can do for the children under their care. The topic of our recent training was vicarious trauma. It was incredibly inspiring to see how engaged and eager to learn everyone was.

One lady told the head of Al Husein Orphanage,

"This is the first time I am breathing, I have felt suffocated before, but now I finally have my space."

We're always excited to come back to this orphanage and work with such a wonderful group of people. We hope that through these trainings, the caregivers can not only take care of the kids physical needs, but help them grow emotionally. We also hope to establish better and healthier relationships between them. Their dedication and enthusiasm never cease to amaze us.

Another lady remarked that,

"Usually organizations come only to train us how to deal with the kids, but this is the first time they (Alhadaf) have come to ask about us."



# You can always make a difference



## Volunteer

We are always welcoming volunteers.

If you would like to get involved or want more information visit [www.alhadaf.org](http://www.alhadaf.org)

Help a Family member at Alhadaf Institute

You can sponsor a family with an amount of 15 JOD = 22 USD

## Donation

Make a one time donation via bank transfer. Check our website or use the bank details below.

FOR ANY FURTHER INFORMATION PLEASE CONTACT US:

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